



**Hello, I am an authentic STARS bear.**

STARS, The Blackout Trust, help to raise awareness, share information and support people of all ages who experience blackouts, unexplained loss of consciousness or have been

People of all ages can suffer from blackouts, or syncope (the medical term) often caused by a heart rhythm disorder. Doctors suggest that more than 225 000 young people have experienced unexplained loss of consciousness, and as a result can face problems accessing education, work, driving or even following a 'normal' daily routine. Most worrying is that syncope can be a warning sign for a serious, possibly fatal heart condition. Government guidelines now recommend that any one who has 'fainted' for no apparent reason should be given a 12 lead ECG as a matter of routine.

STARS works with patients, carers, medical professionals, government and the Department of Health to offer information, guidance, training and support.

Make your friends and family smile with the gift of a bear – and help fund raise for STARS!

For further information:

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