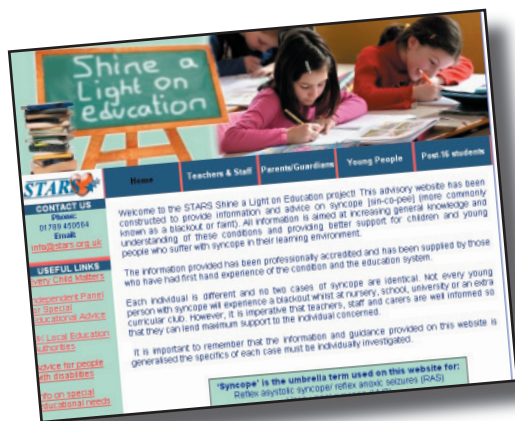


STARS

Syncope Trust And Reflex anoxic Seizures

SHINE A LIGHT ON EDUCATION

STARS is pleased to introduce its new educational web-site.



Online information, downloadable lesson plans, sample care plans and support materials designed for educators and families managing the care and education of young people with syncope.

This new site introduces Sammy Star, hosts a blog, a moderated message board and offers information and advice for those who have been diagnosed with syncope or RAS.

So whether you are a teacher supporting a child with syncope or RAS, a pupil wondering how to tell your friends or you simply want to talk to others, why not visit

www.education.stars.org.uk

SYNCOPE (sin-co-pee) is the result of the temporary cutting off of the supply of oxygenated blood to the brain resulting in loss of consciousness and collapse. This is usually due to a drop in blood pressure or a change in the heart rhythm causing a drop in the amount of blood the heart pumps, or a drop in the amount of oxygen being carried in the blood.

REFLEX ANOXIC SEIZURES is a type of arrhythmia (heart rhythm disorder) occurring mainly in young children but can occur at any age. The sudden shock of pain, however slight, or indeed any unexpected stimuli, causes the heart and breathing to stop, the eyes to roll up into the head, the complexion to become deathly white, the jaw to clench and the body to stiffen often with legs and arms jerking. After 30 seconds or so the body relaxes and the heart and breathing restart. The sufferer may remain unconscious for one or two minutes or for well over an hour. RAS is often misdiagnosed as breath-holding or more seriously as epilepsy.