



Syncope Trust And Reflex anoxic Seizures

www.stars.org.uk

Working together with individuals, families and medical professionals to offer support and information on Syncope and Reflex Anoxic Seizures

News Release

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STARS wins Top Award for Patient Checklist Brochure

STARS, the Midlands-based charity that helps people affected by blackouts, has won a prize for its leaflet designed to help people assess their condition.

The STARS "Blackouts Checklist" was awarded a Commended Prize in the 2010 British Medical Association Patient Information Award.

The Blackouts Checklist is STARS' most valuable patient resource, prepared under the guidance of the STARS expert Medical Advisory Committee. Its principal aim is to help the patient and the doctor to work together to reach the correct diagnosis for any unexplained loss of consciousness (blackout).

The Checklist provides information and advice to the patient on the major reasons for experiencing a blackout, helps prepare them for a doctor's appointment, and provides information on what to expect if the patient has to attend a hospital appointment.

The BMA patient information award is part of the BMA medical book competition. It was established in 1997 to recognise quality in written patient information leaflets and small booklets. Its aims are to encourage the production and dissemination of accessible, well-designed and clinically balanced materials which will enhance patients' understanding of health issues and their ability to participate in decisions about their care.

STARS' Chief Executive, Trudie Lobban MBE, said, "We are delighted with this accolade from the BMA. We've worked hard alongside medical experts to develop the Blackouts Checklist. It helps so many people who are worried about their symptoms and are preparing for a visit to their doctor or specialist."

STARS, based in Shipston, Warwickshire, helps people in the UK and across the world who are affected by blackouts and offers many leaflets in several languages. The charity was started by Mrs Lobban in 1993 and she has since become a world expert in the subject.

The Checklist is available direct from the charity or as a download from the STARS website www.stars.org.uk.

www.stars.org.uk info@stars.org.uk www.education.stars.org.uk

Patrons: Prof John Stephenson, Prof Christopher Mathais, Prof Rose Anne Kenny, Dr William Whitehouse, Dr Adam Fitzpatrick,

Sir Elton John, Twiggy Lawson, Sir Roger Moore, John Burton Race.

Trustees: Mrs Susan Broatch, Mr Andrew Fear, Prof Rose Anne Kenny, Mrs Cathrine Reid, Dr William Whitehouse.

Founder & Chief Executive: Mrs Trudie Lobban.

Registered Charity Number – 1084898



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Editor's Notes:

1. For more information, contact Pippa Mawle at pippa@stars.org.uk
2. The Blackouts Checklist can be downloaded from the STARS website at <http://www.stars.org.uk/patient-info/diagnosis/blackouts-checklist>
3. The BMA Award details can be found at http://www.bma.org.uk/whats_on/offers_and_competitions/LIBBMAPatientInformationAward.jsp

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