



Syncope Trust And Reflex anoxic Seizures

[www.stars.org.uk](http://www.stars.org.uk)

**News Release**

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Working together with individuals, families and medical professionals to offer support and information on Syncope and Reflex Anoxic Seizures

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## **Important Education DVD Project Launched by STARS Charity** **Video Resource Developed to Help teachers Cope with Syncope in Children**

**Release: May 20<sup>th</sup> 2010**

A DVD, aimed at helping schools and other educational establishments cope with children who have been diagnosed with from syncope (fainting) has been launched by a Midlands-based charity.

The STARS charity, which helps children and families affected by blackouts and Reflex Anoxic Seizures, has long received requests from educational establishments, families and school nurses, anxious over how to deal with young children who suffer from blackouts. Two years ago, it launched the STARS Education Project but was overwhelmed with requests for help, so it decided the best way forward was to produce a visual information resource.

The Syncope Education DVD provides essential information on how to care for young people within their school who have been diagnosed with syncopal conditions (Reflex Anoxic Seizures (RAS), Syncope or Postural Tachycardia Syndrome (POTS)) as they move through the educational system. The DVD has been developed as a complementary resource which is provided to schools alongside information booklets, alert cards and sample care plans to educate schools on the management of syncopal (fainting) conditions.

The Syncope Education DVD is aimed at empowering teachers, school nurses and support staff, to be able effectively to handle a situation where a child blacks out, giving them advice and best practice information enabling them to manage the episode safely and to reassure the child.

The DVD will be available for educational establishments across the country to order and will also enable schools to educate supply teachers or new teachers on syncopal conditions and their management in school.

The Syncope Education DVD includes three chapters:

1. Introduction to syncope and the STARS patient organisation
2. Managing syncope - Advice on managing syncope in school - considering What is syncope? What to do in the event of a syncopal episode? How to enable a child to fully participate in all school activities?
3. Advice from parents and syncope specialists on syncope in school.

The DVD has been produced with the guidance of the STARS expert Medical Advisory Committee to provide information to those who have responsibility for individuals with syncope and is available to schools upon request.

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[www.stars.org.uk](http://www.stars.org.uk)   [info@stars.org.uk](mailto:info@stars.org.uk)   [www.education.stars.org.uk](http://www.education.stars.org.uk)

**Patrons:** Prof John Stephenson, Prof Christopher Mathais, Prof Rose Anne Kenny, Dr William Whitehouse, Dr Adam Fitzpatrick,

Sir Elton John CBE, Twiggy Lawson, Sir Roger Moore KBE, John Burton Race.

**Trustees:** Mrs Susan Broatch, Mr Andrew Fear, Prof Rose Anne Kenny, Mrs Cathrine Reid, Dr William Whitehouse.

**Founder & Chief Executive:** Mrs Trudie Lobban MBE

Registered Charity Number – 1084898



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### Editor's Notes

1. For more information on the STARS Education Project, please email Pippa Mawle at [pippa@stars.org.uk](mailto:pippa@stars.org.uk) or telephone 01789 451833.
2. The STARS Education DVD is only available on request by educational establishments, not to individuals wanting general information.
3. More information about STARS, syncope and the Education Project can be found on our website [www.stars.org.uk](http://www.stars.org.uk)
4. The DVD is available for preview by journalists by contacting [pippa@stars.org.uk](mailto:pippa@stars.org.uk)

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