



**Syncope Trust And Reflex anoxic Seizures**

Working together with individuals, families and medical professionals to offer support and information on Syncope and Reflex Anoxic Seizures

PO Box 175, Stratford-upon-Avon, Warwickshire, CV37 8YD

FREEPHONE HELPLINE: 0800 028 6362

Telephone : 01789 450 564

Fax: 01789 450 682

web page: [www.stars.org.uk](http://www.stars.org.uk)

e-mail: [trudie@stars.org.uk](mailto:trudie@stars.org.uk)

Registered Charity Number: 108 4898

PR date: 28<sup>th</sup> September 2004

## **Midlands Charity Commended in Two Awards**

The voluntary charity (Syncope Trust and Reflex anoxic Seizures), based in Stratford Upon Avon, has seen success at two awards ceremonies.

At **the UK Charity Awards 2004**, Trudie Lobban, STARS CEO, came runner up for the second year in a row in the Best Charity Principal category. She was nominated for her leadership of the charity during the past year, particularly for her instrumental role during the highly successful Arrhythmia Awareness Week campaign. The campaign contributed towards persuading the government to include heart rhythm disorders in a new chapter on Arrhythmias and Sudden Cardiac Death in the National Service Framework.

Mrs Lobban started STARS 12 years ago at her kitchen table in Warwickshire. Since then she has personally answered tens of thousands of letters, emails and phone calls from people across the world worried about syncope (blackouts or transient loss of consciousness) and Reflex Anoxic Seizures.

Reflex Anoxic Seizure is a heart rhythm disorder where a sudden shock or pain can cause the patient to suffer a 'mini cardiac-arrest'. Most people with the condition are children. They always recover from attack but can have many in a short space of time which can be debilitating both for the patient and their family.

Mrs Lobban's younger daughter suffers with RAS and STARS was started at the suggestion of her consultant after Mrs Lobban could find no information about the condition. She has worked voluntarily ever since to help other in her position.

STARS was also runner up in the **Midlands Regional Ecommerce Awards** for Best Use of Teleworking. STARS operates from a small head office in Stratford Upon Avon, but uses teleworking extensively with volunteer staff across the country for press, communications and website operations. Teleworking enabled volunteers to be closely involved with the AAW campaign and means that STARS is able to take advantage of the skills of its volunteers wherever they live.

Mrs Lobban said: "I'm thrilled that we have done so well again this year. It is very gratifying that our hard work has been recognised by both the UK Charity Awards and the Ecommerce Awards, especially when we are a small charity, run on donations. It gives everyone involved a boost of confidence"

Trudie Lobban has been invited to sit on an expert panel at the Department of Health to help draft the new chapter in the NSF to ensure that diagnosis and treatment for syncope and RAS is improved across the NHS.

---

### PATRONS:

Prof John STEPHENSON, Prof Christopher MATHIAS, Prof Rose Anne KENNY, Dr William WHITEHOUSE, TWIGGY Lawson & Sir Roger MOORE



Winner: **Director of the Year 2001**.  
Highly Commended:  
**Best New Charity 2001**  
**Personality of the Year 2002 & 2003**  
**Youth Volunteer of the Year 2003**

**Whitbread Volunteer Awards 2001**

Highly Commended: **Volunteer of the Year and Volunteer in a health and social care**

Winner:  
**Regional  
Voluntary &  
Community**





PO Box 175, Stratford-upon-Avon, Warwickshire, CV37 8YD  
FREEPHONE HELPLINE: 0800 028 6362  
Telephone : 01789 450 564  
Fax: 01789 450 682  
web page: [www.stars.org.uk](http://www.stars.org.uk)  
e-mail: [trudie@stars.org.uk](mailto:trudie@stars.org.uk)  
Registered Charity Number: 108 4898

Working together with individuals, families and medical professionals to offer support and information on Syncope and Reflex Anoxic Seizures

Mrs Lobban set up a second charity, Arrhythmia Alliance, earlier this year to continue to work towards better health services for heart rhythm patients.

#### Editor's Notes

1. For interviews or pictures with Mrs Lobban, please call 0800 0286362. or email [trudie@stars.org.uk](mailto:trudie@stars.org.uk)
2. The UK Charity Awards website is [www.UKcharityawards.co.uk](http://www.UKcharityawards.co.uk). Ecommerce website is [www.Ecommerce-awards.co.uk](http://www.Ecommerce-awards.co.uk)
3. STARS website is [www.stars.org.uk](http://www.stars.org.uk).
4. Mrs Lobban and STARS have been winners in both awards in previous years.
5. Photos of Mrs Lobban at the UK Charity Awards are available via email. Please email the above address.

---

#### PATRONS:

Prof John STEPHENSON, Prof Christopher MATHIAS, Prof Rose Anne KENNY, Dr William WHITEHOUSE, TWIGGY Lawson & Sir Roger MOORE

---



Winner: **Director of the Year 2001.**  
Highly Commended:  
**Best New Charity 2001**  
**Personality of the Year 2002 & 2003**  
**Youth Volunteer of the Year 2003**

#### Whitbread Volunteer Awards 2001

Highly Commended: **Volunteer of the Year and Volunteer in a health and social care**

Winner:  
**Regional Voluntary & Community**

